

*MGH Department of Nutrition & Food Services*

**Emergency Food Pack  
Sample Contents**

<b>Item</b>	<b>Comments</b>	<b>Amt Given</b>
Swanson Dinner	Kosher	3
• Salisbury Steak	Kosher	1
• Turkey	Kosher	2
Breakfast	Kosher	2
• Egg/Bacon/Homefries	Kosher	1
• Sausage & Pancakes	Kosher	1
Bread		1
Margarine		8
Peanut butter		10 pc
Grape jelly		10 pc
Soup/ Chicken Noodle or Tomato		3
Dry Cereal – individual packs		2
Lorna Doone's		5
Saltines		5
Instant Coffee		10
Tea Bags		10
Applesauce		1
Pudding/ Snak-pak Vanilla		1
OJ, can		2
Soymilk		1