

# Partners Asthma Center's

## Asthma Educators Institute

### PROGRAM: *Becoming an Asthma Educator*

|                   |   |
|-------------------|---|
| 8:00 – 8:30 a.m.  | Registration  |
| 8:30 – 8:35       | Welcome/Orientation   |
|                   | <b>THE THEORY</b>   |
| 8:35 – 9:20       | Understanding and Teaching the Mechanisms of Asthma   |
| 9:20 – 9:50       | The Asthma Guidelines: Diagnosis and Assessment of Asthma   |
| 9:50 – 10:30      | The Asthma Guidelines: Ambulatory Management of Asthma —<br>Matching Treatment Intensity to Disease Severity                |
| 10:30 – 10:50     | Coffee Break  |
| 10:50 – 11:20     | Lung Function Measurements/Peak Flow  |
| 11:20 – 12 noon   | Special Considerations in Children  |
| 12:00 – 1:00 p.m. | Lunch   |
|                   | <b>THE PRACTICE</b>   |
| 1:00 – 1:30       | Assessing Allergic Sensitivity and Allergen Exposures   |
| 1:30 – 2:00       | Inhalers and Inhalational Aids  |
| 2:00 – 2:30       | Managing Asthmatic Attacks  |
| 2:30 – 3:00       | Developing an Asthma Action Plan  |
| 3:00 – 3:45       | Exhibits and Small Group Demonstrations<br>(nebulizers, inhalers, spacers, peak flow meters,<br>allergen proofing supplies) |
| 3:45 – 4:00       | Preparing for the NAECB examination   |
| 4:00 – 5:00       | Case Discussions  |



**PARTNERS**  
ASTHMA CENTER  
PBB-3  
15 Francis Street  
Boston, MA 02115

Non-Profit Org.  
U.S. Postage  
PAID  
Permit #187  
Burlington, MA



## Becoming an Asthma Educator

*Learn to Teach  
Patients and Families  
about Asthma*

*A Medical Education Program  
for Health Care Professionals*

### Asthma Educators Institute

A one-day in-depth educational symposium offering the knowledge and skills needed to be an effective Asthma Educator and to prepare for the National Asthma Educator Certification Board (NAECB) examination.

**TWO DATES AND LOCATIONS**  
(see inside for details)

Presented by:

**Partners Asthma Center**

A COLLABORATION AMONG  
ASTHMA SPECIALISTS AT:

Brigham and Women's Hospital  
Massachusetts General Hospital  
Brigham and Women's Faulkner Hospital  
Newton-Wellesley Hospital  
North Shore Medical Center  
Pentucket Medical  
Harbor Medical Associates

Nurses • Nurse Practitioners • Physicians Assistants • Respiratory Therapists • Pharmacists • Asthma Care Managers

## COURSE DESCRIPTION

Our one-day program will teach the scientific background and practical knowledge needed to be an effective asthma educator. The format combines lectures, question and answer sessions, case discussions, and hands-on demonstrations to maximize understanding about effective asthma education for young children, school children, and adults.

The morning session will focus on the needed background knowledge base about asthma, including diagnosis, staging asthma severity and assessing asthma control, and the step-care approach to managing asthma, all in accordance with the Guidelines developed by the Expert Panel of the National Asthma Education and Prevention Program.

The afternoon session will offer a wealth of practical information about assessing and managing asthma, including allergy testing and environmental home assessments, use of inhalers and inhalational aids, managing asthma attacks, and helping patients to develop their written asthma action plans. Small group demonstrations will offer opportunity for hands-on observation and practice. We will conclude with audience participation in Asthma Case Discussions with a panel of asthma experts.

On completion of this program, participants will be well prepared to take and pass the Certification and Re-Certification Examinations offered by the National Asthma Educator Certification Board.

## COURSE DATES AND LOCATIONS

The same program (with different faculty) will be offered on the following Saturdays, 8:00 a.m. to 5:00 p.m., on campus at the hospitals listed below. Choose the date and location most convenient for you.

**Newton-Wellesley Hospital**  
Saturday October 1, 2016

**North Shore Medical Center**  
Saturday, November 5, 2016

## PROGRAM DIRECTORS

Christopher Fanta, M.D.  
Kenan Haver, M.D.  
Elaine Carter, R.N., B.S.N., A.E.-C.  
Paul Nuccio, R.R.T.

**Newton-Wellesley Hospital**  
Dennis Beer, M.D.

**North Shore Medical Center**  
Barrett Kitch, M.D.  
James MacLean, M.D.

## COURSE REVIEWS

Comments from past course participants:

- *“This conference was very informative and very organized. One of the best ones I have ever been to.”*
- *“Relevant [and] easy to understand. Dealt with everyday situations.”*
- *“Excellent seminar: speakers very well-informed, knowledgeable, and captivating.”*

## COURSE ACCREDITATION

- This activity has been approved by ANA Massachusetts for 6 contact hours. ANA Massachusetts is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.
- Continuing Education (CRCE) hours (approximately 6 hours) for registered respiratory therapists have been approved by the American Association of Respiratory Care.
- Continuing pharmaceutical education credit hours (6 hours; 0.6 CEUs) for pharmacists have been approved by the Massachusetts Board of Registration in Pharmacy.

## Registration



### Tuition Fee:

**Early Registration** (two weeks prior to course) \$90  
**Late Registration** (within two weeks of course) \$110  
(Registration Fee includes Coffee Break and Lunch, but not parking)

Full Payment must accompany registration. Please make checks payable to Partners Asthma Center.

Register online at [www.asthma.partners.org](http://www.asthma.partners.org)  
(click on **Asthma Educators’ Institute**)

or by mail: **Partners Asthma Center**  
**PBB-3**  
15 Francis Street  
Boston, MA 02115

Address inquiries to: Partners Asthma Center  
15 Francis Street  
Boston, MA 02115  
(617) 732-7464  
email: [asthma@partners.org](mailto:asthma@partners.org)

Refund Policy: Refund requests must be received one week prior to the course. No refunds will be made thereafter.

- Saturday, October 1, 2016 (NWH)**  
**Becoming an Asthma Educator**
- Saturday, November 5, 2016 (NSMC)**  
**Becoming an Asthma Educator**

Name \_\_\_\_\_  
Last First Middle Initial

Mailing Address \_\_\_\_\_  
Street

City State Zip Code

Day Phone \_\_\_\_\_

Fax \_\_\_\_\_

Email \_\_\_\_\_

Profession \_\_\_\_\_

Institutional Affiliation \_\_\_\_\_