



LOWELL COMMUNITY HEALTH CENTER

Presented by:

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REDUCING OLDER ADULT ASTHMA DISPARITIES (ROOAD-X)

* STUDY OVERVIEW

- Intervention to improve health outcomes and quality of life of older adults with asthma
- CHW Conduct Home Visits (Due to Covid it has been Virtual/Phone call)
 - 4-visit protocol over 6-month period
 - Environmental trigger remediation supplies
 - 6 Month follow-up call after Last Visit)
- Eligibility:
 - Patient at Lowell Community Health Center
 - Age ≥ 55 with a diagnosis of Asthma
 - Speak English, Spanish, Khmer

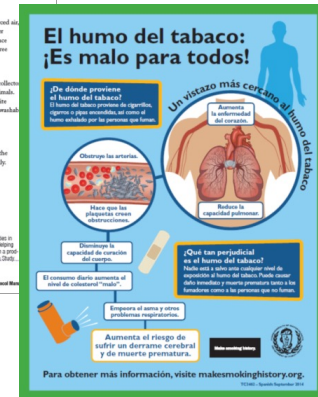


Educational Materials and Supplies

- Green Works all purpose cleaner.
- HEPA filter vacuum
- Storage containers
- Pest management supplies
- Anti-allergen bed and pillow covers



Pharmacy Education
(in-house)



Mass Clearing House



HUD 5 Asthma Program

■ Study Overview

- Intervention to improve health outcomes and quality of life of older adults with asthma that live in Public Housing and have a Gas stove,
- CHW Conduct Home Visits (Due to Covid it has been Virtual/Phone call)
- UML Student set up Monitoring devices on gas stove and air quality.
 - 4-visit protocol over 1 Year period
 - Environmental trigger remediation supplies
- Eligibility:
 - Live in Public Housing
 - Have a working Gas Stove
 - Age ≥ 55 with a diagnosis of Asthma
 - Speak English, Spanish, Khmer



Educational Materials and Supplies

- Green Works all purpose cleaner.
- HEPA filter vacuum
- Storage containers
- Pest management supplies
- Anti-allergen bed and pillow covers
- Hepa/Charcoal filter air purifiers (2)



Goals for Getting Rid of Dustmites

	Encase your pillows in special allergen-proof covers.		Remove carpeting if possible and replace with washable area rug.
	Encase your mattress and box spring in special allergen-proof covers.		If you have finished air, keep filters one year and replace filters every three months.
	Wash blankets and bed sheets every two weeks in hot water.		Remove dust ruffles like stuffed animals. Pick one favorite animal that is washable.
	Vacuum areas with carpet every week with a vacuum cleaner.		Dust-mop all surfaces in the bedroom weekly.
	Dust-mop areas without carpet every two weeks.		

From the Reducing Environmental Allergens Dispersed in Your (REDDY) Study, supported by a Grant to Helping Children with Asthma, Inner-City Asthma Program a part of the National Cooperative Inner-City Asthma Study.

El humo del tabaco: ¡Es malo para todos!

De dónde proviene el humo del tabaco?
El humo del tabaco proviene de cigarrillos, pipas o pipes encendidos, así como de otros productos que los personas que fuman.

¿Qué tan perjudicial es el humo del tabaco?
Noche tras noche inhalar el humo del tabaco puede causar daño a los pulmones y causar problemas con la circulación como lo hacen con las personas que no fuman.

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Para obtener más información, visite makesmokinghistory.org.



Social Determinant of Health

- The social determinants of health (SDH) are the non-medical factors that influence health outcomes.



Childhood experiences



Housing



Education



Social support



Family income



Employment



Our communities



Access to health services

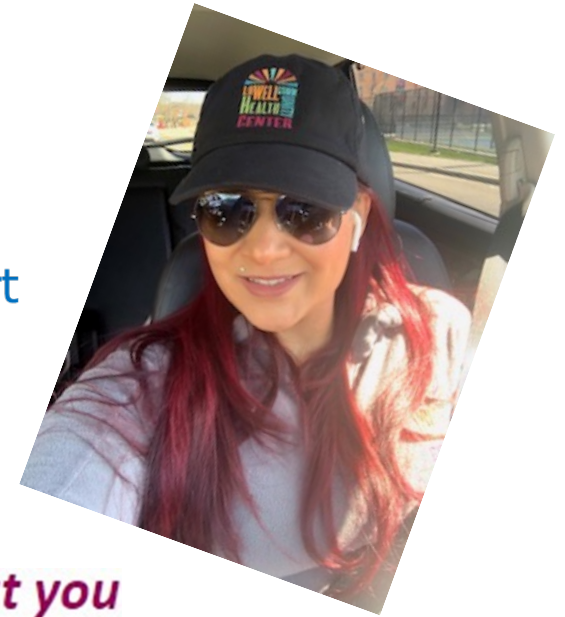
How we receive SDOH referrals

- During Asthma Visits/Virtual
- Patient reaching out directly to CHW
- In office visit with PCP
- Word of Mouth
- Patient calling in to health center/Telephone Encounter generated in EMR.
- Telephone Encounter from other providers within LCHC
- Community Agencies
- Wellconnected.net <https://wellconnected.net/>



SDOH Assistance

- Food Pantries
- Housing Assistance
- SNAP Application
- Clothing Assistance
- Baby necessities
- Household Goods
- Transportation(PT1)
- Fuel Assistance
- Rental Assistance
- Daycare
- Job Referrals
- Phone + Utilities Support
- Health Insurance



"What motivates me is connecting with people - asking what you need, sending emails, doing whatever it takes to guide you to the resources you need."





Questions?





THANK YOU!

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