

Addressing Equity in Autism Spectrum Disorder

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MGH Lurie Center, MGH Everett Family Care, MGH Chelsea Health Center, MGH Center for Community Health Improvement

Problem Statement

- Pediatricians from the MGHfC Community Health Centers reported difficulty in referring their patients to receive care at the MGH Lurie Center for Autism, a unique multidisciplinary center for ASD.
- Multidisciplinary care has been correlated with improved outcomes in children with ASD, and nationally children of color are less likely to be treated in such centers.
- Based on initial review of referrals from the Chelsea Healthcare (CHC) and Everett Family Care (EFC),
 we estimated that only 22% of pediatric patients referred to the Lurie Center were completing initial
 appointments.
- Nearly 70% of patient loss occurred before submission of the intake form to the Lurie Center.
- Initial aim: Increase quarterly percentage of intakes received for patients newly referred to the Lurie Center by primary care physicians at CHC and EFC from 41% to 60% by the end of December, 2021.



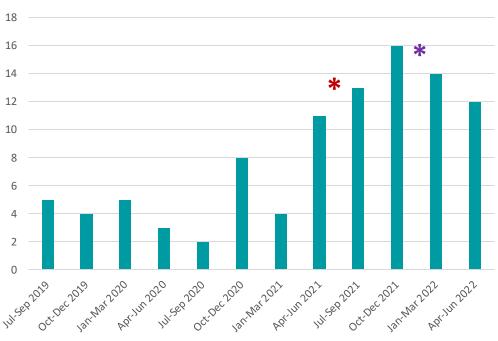
Year 1 Accomplishments - Overview

- Developed a new intake form for CHC patients that combines a small amount of information provided by the PCP with information available electronically from EPIC to allow submission of information directly by PCP at time of referral.
- New intake process currently available to CHC PCPs through an interim pilot procedure, but will be implemented systemwide in EPIC for all internal Lurie Center referrals.
- Hired and trained a community health worker specializing in coordinating care for pediatric ASD patients (ASD-CHW) to support families in completing an initial appointment.
- Following the introduction of the new intake process, percentage intakes received has been greater than 70% each quarter.
- By the end of year 1, the team's ASD-CHW had supported 57 families of newly referred pediatric ASD patients, 13 of whom completed first Lurie Center appointments.

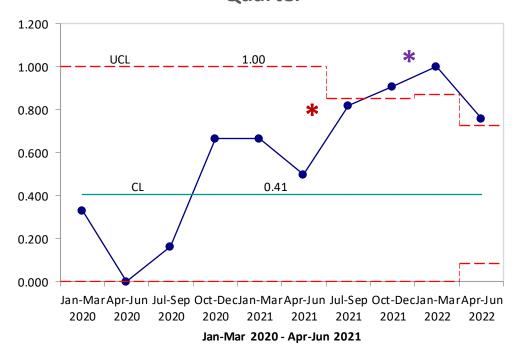


Year 1 Accomplishments – Process Metrics

Number of pediatric new patient referrals to the Lurie Center by Chelsea and Everett CHC primary care physicians by quarter



p Chart: Percent Intakes Returned by Quarter

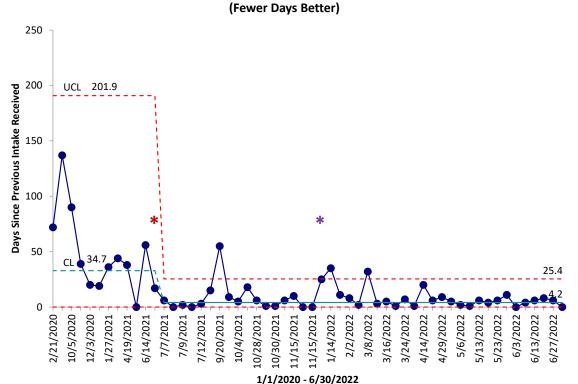


- * Approximate timing, introduction of pilot intake process
- * Approximate timing, start of ASD-CHW support

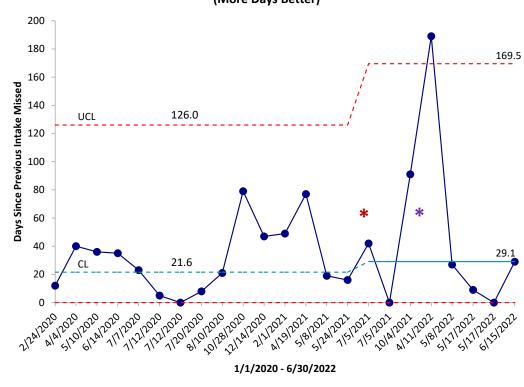


Year 1 Accomplishments – Process Metrics

Days Between Lurie Center Intakes Received



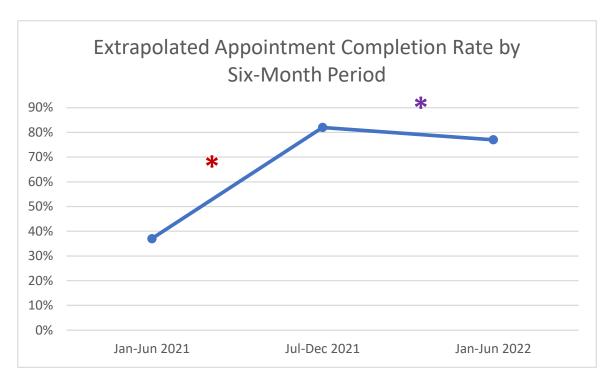
Days Between Lurie Center Intakes Missed (More Days Better)



- * Approximate timing, introduction of pilot intake process
- * Approximate timing, start of ASD-CHW support



Year 1 Accomplishments – Clinical Outcome Metrics



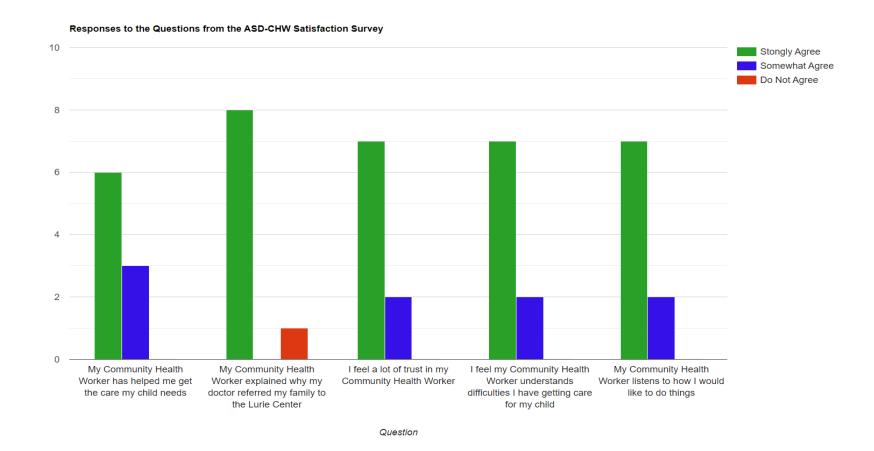
^{*} Approximate timing, introduction of pilot intake process

• Biannual appointment completion rate for pediatric PCP new patient referrals from CHC and EFC increased from 37% before year 1 to 82% and 77% during year 1.



^{*} Approximate timing, start of ASD-CHW support

Year 1 Accomplishments – Clinical Outcome Metrics





Year 1 Challenges

- Creating a set of intake questions that provided the minimum information necessary for insurance approval and clinical care, but was feasible for the PCP to complete at the time of referral
 - Achieved through PDSA cycles, collaboration between CHC and Lurie Center teams
- Integrating the new intake process into EPIC
 - Currently using pilot process
- Connecting families with transportation and translation resources
 - Ongoing effort to develop effective processes
- Facilitating access to key services for patients and families waiting for initial Lurie Center appointment
 - > ASD-CHW developed process map for identifying service gaps prior to appointment
- Encountering periods when appointments not scheduled due to Lurie Center capacity constraints



Looking Ahead: Plans for Year 2

- Implement new intake process systemwide in EPIC
- Continue to monitor appointment completion rate and other key performance indicators following systemwide integration
 - ➤ Goal: maintain a biannual appointment completion rate greater or equal to 70%
- Improve processes for connecting families to transportation and translation resources, including translation of recommendations in clinical notes
- Connect families with behavioral consultations
- Assess unmet needs for services for patients waiting for first Lurie Center appointments and impact of associated support by ASD-CHW
- Survey families about experience with ASD-CHW and barriers to accessing care



Questions?

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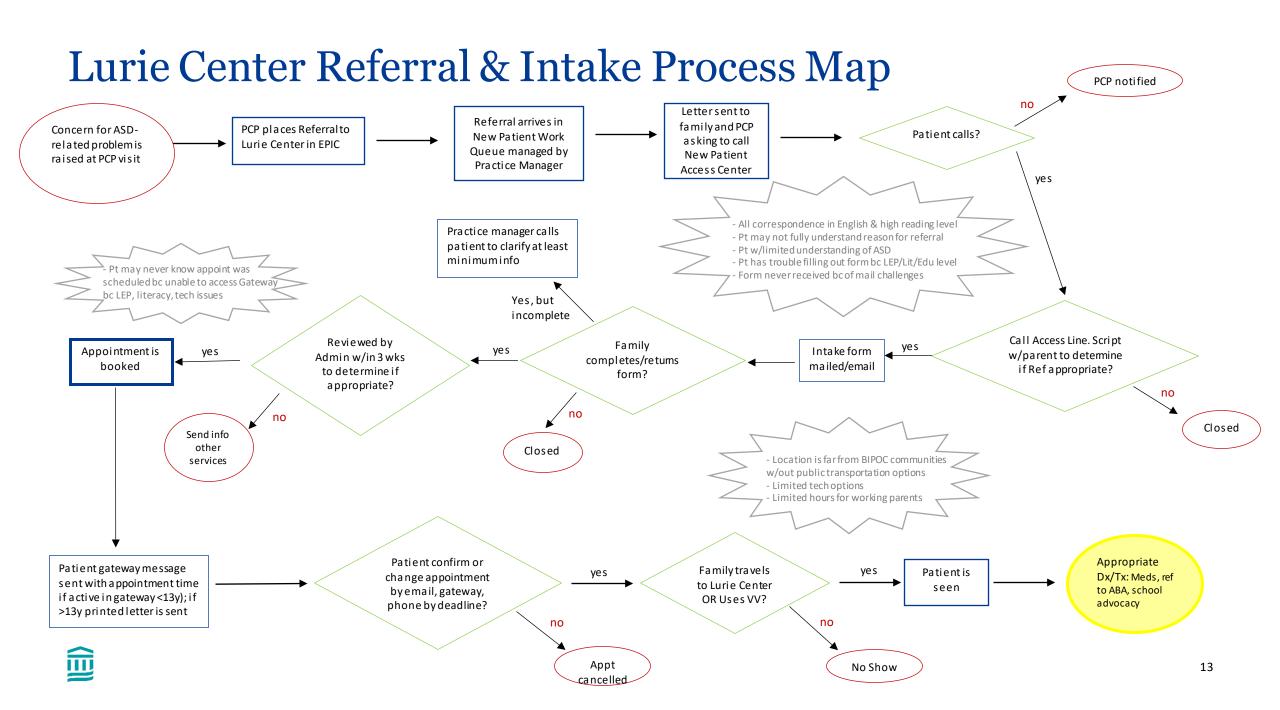
Appendix



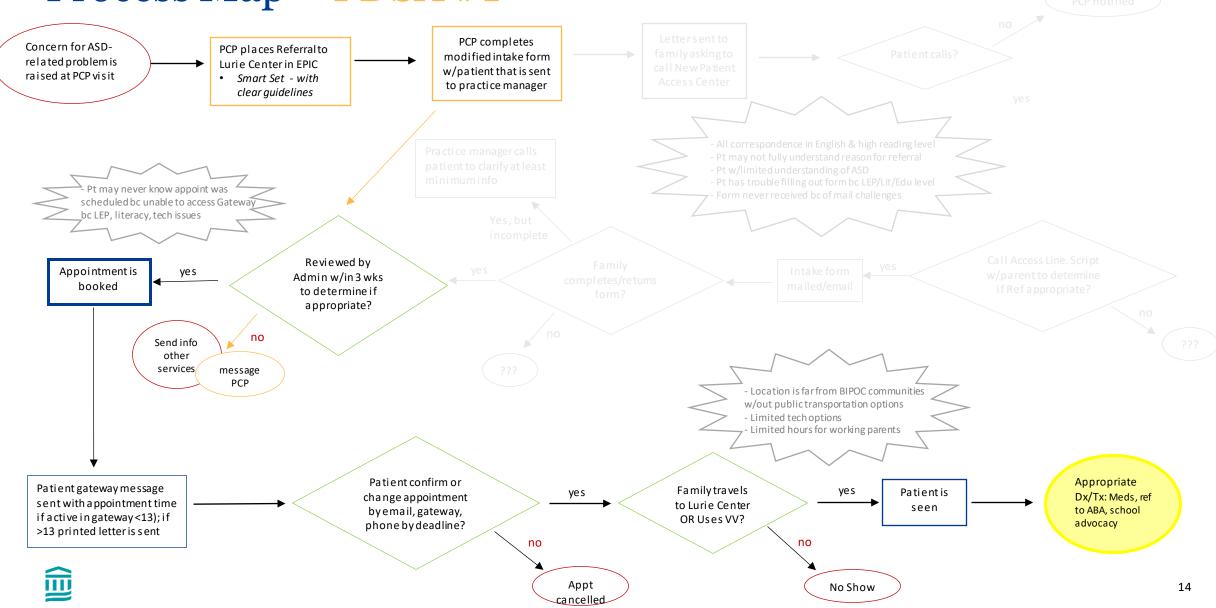
Team Members

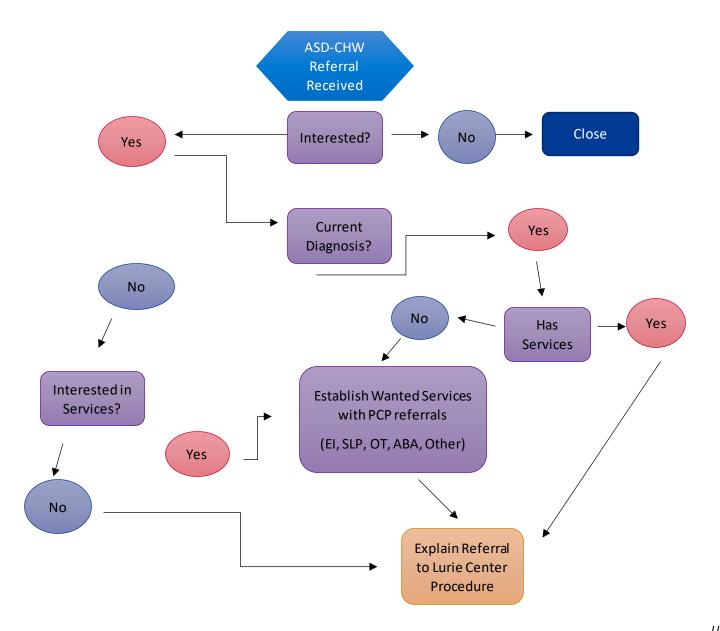
MGH Center for Community Health Improvement

Name	Credentials	Role/Discipline (i.e. hospitalist, nurse manager, analyst, etc.)
Project Leaders:		
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Caitlin Ravichandran	PhD	Biostatistician and Research Associate, Lurie Center
Team Members:		
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Ryan Cannistraro		Lurie Center summer intern 2022
Project Sponsors:		
UAR MGB (Project Specialist: Emily Leonard)		
MGH/Lurie Center for Autism		



Process Map – PDSA #1







Mass General Brigham